



# **Prosthetic Limb Service**



## **Useful Contacts**

SMART Centre, Astley Ainslie Hospital, 133 Grange Loan, Edinburgh, EH9 2HL

### 0131 537 944

#### Southeast Scotland Mobility and Rehabilitation Technology Centre

SMART Centre, Astley Ainslie Hospital, 133 Grange Loan, Edinburgh, EH9 2HL Prosthetics Service: 0131 537 9444 Wheelchair and Seating Service: 0131 537 9177 Driving Assessment: 0131 537 9192 Disabled Living Centre: 0131 537 9190 Gait Laboratory: 0131 537 9435 Orthotics: 0131 537 9418 Website:<u>https://www.smart.scot.nhs.uk/</u>

#### British Limbless Ex Service Men's Association (BLESMA)

The national charity for limbless serving and ex-service men and women and their dependants and widows.

185-187 High Road, Chadwell Heath, Romford, Essex, RM6 6NA

Telephone:020 8590 1124

Website:www.blesma.org

#### **Diabetes UK**

Macleod House, 10 Parkway, London, NW1 7AA

Telephone:020 7424 1000

Website:www.diabetes.org.uk



#### **DVLA - Drivers Medical Group**

Information about driving with medical conditions, Blue Badges and public transport for disabled people.

DVLA, Swansea, SA99 1DF

Telephone:0300 790 6806

Website: https://www.gov.uk/browse/driving/disability-health-condition



### E.L.L.A Edinburgh Limbless Association

Facebook group: https://www.facebook.com/groups/2093610757543012



FYF's Edinburgh group have their Ampu-teas group once a month at Parkside Bowling Club. Come along for a cuppa and a chat. It's a great way to meet amputees from your area. A representative from FYF will be there to meet you.

Parkside Bowling Club, 16 Holyrood Park Road, Edinburgh, EH16 5BG

Telephone: 0141 258 4868

Email: <a href="mailto:Lesley@findingyourfeet.net">Lesley@findingyourfeet.net</a>

Website: https://findingyourfeet.net/



Limbless Association offer support to individuals of any age or background, whether they are about to have an amputation or are already living with congenital or acquired limb loss. They also offer assistance and information to carers, family members and friends.

Unit 16, Waterhouse Business Centre, 2 Cromer Way, Chelmsford, Essex, CM1 2QE

Helpline: 0800 644 0185

Website: www.limbless-association.org



#### **REACH - Association for Children with Upper Limb** Deficiency

25 High Street, Wellingborough, Northamptonshire, NN8 4JZ

Telephone:01933 274 216

Website: www.reach.org.uk

